

**THE SQUARE &
ROUND DANCE
INSTRUCTORS
ASSOCIATION OF
ALBERTA**

MAY 2015



This page deliberately left blank for choreography notes.

SRDIAA Newsletter
May 2015
Edited by Tom Gray

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**SRDIAA EXECUTIVE
2014/2015 Season**

President	David Littlefair 322 Mapletree Way Strathmore AB T1P 1H9	403-934-5966
Past President	Lorne & Bernadette Anderson 128 Greenwood Drive Spruce Grove AB T7X 1X6	780-960-2911
Vice-President	Lorne & Barbara Smith 3111 107 Avenue Calgary AB T2W 2X6	403-251-5390
Treasurer	Joan Tharme 4235 87 Street NW Edmonton AB T6K 1C3	780-463-9381
Secretary	Claudia Littlefair 322 Mapletree Way Strathmore AB T1P 1H9	403-934-5966
Newsletter Editor	Tom & Dawn Gray 3 Camelot Avenue Leduc, AB T9E 4M5	780-718-2733
Directors		
Calgary-	Dave Symington	403-276-5706
Central	Henry Hughes	780-621-6238
Edmonton	Murray & Barbara Few	780-434-2000
	Arlene McLafferty	780-469-2998
North	vacant	
South	Betty-Ann & Melvin Fieldberg	403-666-3929

* * *

FILLER HERE

S.R.D.I.A.A. MEMBERSHIP LIST

Members for 2014/15 as of March. 30, 2015

Name & Address	Phone, Fax, and E-mail	Categories Covered
Dennis & Dorothy Aberle 50 Alexander Crescent Red Deer AB T4R 2X2	(403) 309-9240 (home) (403) 318-5141 (cell) denaberl@telus.net	Mainstream Phase II (Dorothy)
Ken & Janet Baudais 7 Millrise Crescent SW Calgary AB T2Y 2H6	(403) 969-5982 ken_baudais@shaw.ca www.kenbaudais.ca	Mainstream
Joan & Terry Boyd Box 42 Round Hill AB TOB 3Z0	(780) 679-0152 boydwt@hotmail.com pjboyd@shaw.ca	Mainstream Phase II (Joan)
Bill & Karen De Groot Box 323 Fort Assiniboine AB TOG 1 A0	(780) 584-2604 fittobesquared@aol.com	Mainstream
Norm & Loretta Demeule RR#1 Ohaton. AB TOB 3P0	(780)672-7247 norretta@telus.net	Mainstream - Plus Phase II
Cliff Dunn & Jane McKee 5424 - 58A St Cres Lacombe AB T4L 1L7	(403) 787-4094 cjdancinglacombe@yahoo.ca	Phase II-III
Ron & Rosemary Edwards Box 557 Veteran AB TOC 2S0	(403) 575-3751 edwagn@veterancable.net	Mainstream
Glen & Audrey Eliasson 12132- 135A Avenue NW Edmonton AB T5L 373	(780) 454-6357 gee4@telus.net	Mainstream Phase III
Alan & Carola Ellis 54 Aspen Glen Crescent Spruce Grove. AB T7X 3J2	(780) 962-3012 areservices@telus.net	Mainstream
Murray & Barbara Few 6230- 112 A Street NW Edmonton AB T6H 3K3	(780) 434-2000 mbfew@planet.eon.net	Mainstream - A2 Phase II
Betty Ann & Melvin Fieldberg Box 565 Etzikom AB T0K 0W0	(403) 666-3929 bettodd@hotmail.com	Mainstream
Tom & Dawn Gray 3 Camelot Avenue Leduc AB T9E 4M5	(780) 718-2733 TomGrayCaller@shaw.ca http://blog.graywriterrv.com/?page_id=20	Mainstream
Henry Hughes Box 16 Buck Creek AB TOC 0S0	(780) 621-6238 HenryHughes66@gmail.com	Mainstream
William Hilchie & Vicki Quinn 86 Baxter Crescent Whitecourt AB T7S 1E5	(780) 778-4639 skydiver@persona.ca	Mainstream
Larry Jeske 44 Kendall Crescent Red Deer AB T4P 3S5	(403) 346-7148 (403) 505-5044 (cell) jeskelarry@gmail.com	Mainstream
Robert & Marian Lees Box 1424 Estevan SK S4A 2K9	(306) 634-8403 rlees@sasktel.net	Mainstream Phase II (Marian)

Name & Address	Phone, Fax, and E-mail	Categories Covered
David & Claudia Littlefair 322 Mapletree Way Strathmore AB T1P 1H9	(403)934-5966 dlittlefair@jkoverweel.com	Mainstream Phase II (Claudia)
Patricia Mahoney 136 Valencia Road NW Calgary AB T3A 2B8	(403) 288-0116 patriciamsm46@gmail.com	Phase V
Barrie McCombs & Carole Cormier 3111 Utah Drive NW Calgary AB T2N 3Z9	(403) 289-4227 bmcombs@ucalgary.ca	Mainstream
Arlene McLafferty 1968-68 Street NW Edmonton AB T6K 2J4	(780) 469-2998 arlenemclafferty@gmail.com	Phase II - III
Ron & Connie Morgan PO Box 5461 Lacombe AB T4L 1X2	(403) 396-1523 live2dance@xplomet.com	Mainstream
Ida & Alex Murray 23 Howlett Avenue Red Deer AB T4N 6K2	(403) 347-8098 aimurrav@telusplanet.net	Clogging
Mary & Bruce Nelson 15 Gale Avenue Sherwood Park AB T8A 2K7	(780) 467-1141 mbnelson@shaw.ca	Phase IV to VI
Wayne & Agnes Russell #25, 4001 Eton Blvd. Sherwood Park AB T8H 0N9	(780) 467-1765 aw62russell@yahoo.ca	Mainstream - Plus Phase II
Gary & Eileen Smith 11 Park Drive Whitecourt AB T7S 1H8	(780) 778-3214 garys@albertanewsprint.com	Mainstream - Plus
Lorne & Barb Smith 3111-107 Avenue SW Calgary AB T2W 2X6	(403) 251-5390 l.b.smith@shaw.ca	Mainstream - C1 Phase II - III
David & Marlene Symington 7622 Fairmount Drive SE Calgary AB T2H 0X7	(403) 276-5706 dmsymington@shaw.ca	Mainstream
Joan Tharme & John Byers 4235-87 Street NW Edmonton AB T6K 1C3	(780) 463-9381 tharme@shaw.ca	Clogging Phase II - III
Gary & Trish Winter 2823 - 40B Ave NW Edmonton AB T6T 1L8	(780) 463-7748 gtwinter@shaw.ca	Mainstream - Plus Phase II
Allan & Olive Zwierschke Box 114 Holden AB T0B 2C0	(780) 688-2380 zwierschke@mcsnet.ca	Mainstream - Plus

Square dancers are instruments, like a piano the caller plays.
~ adapted from George Balanchine

Interpreting the dance: young women in white dancing in a ring can only be virgins; old women in black dancing in a ring can only be witches; but middle-aged women in colors, square dancing...? [Can only be having fun!]
~ Mason Cooley (b. 1927), U.S. aphorist. City Aphorisms, Fourth Selection, New York (1987)

minutes of previous meeting

6. Correspondence

None.

7. Treasurer's Report - See Attachment #1 (1 Page)

MOTION: Moved by Joan Tharme; seconded by Bruce Nelson that the Treasurer's Report be adopted as presented. Carried

- As at August 31, 2014 our bank balance is \$2271.05.
- Since then 5 additional memberships of \$40 each were received.

8. Area Reports

A. North - No report.

B. Edmonton - Murray Few/Arlene McLaffery (absent)

Square Dance:

- Summer dances were a success with 5 to 6 squares on average, and sometimes more.
- Country Sunshiners are holding a fall Fast Track program.
- The Edmonton Callers Association are arranging and paying the hall costs for three dances for new callers to call at on October 19, November 16 and December 14, 2014. The new callers are Terry Boyd, Alan Ellis, Tom Gray and possibly Norman Lake.
- Tom Gray has worked at getting a square dance group started in Devon for the past two years. The Town of Devon has supplied a facility for the one night Dance Party, October 14, at a very reasonable cost and are taking on-line registrations. To date there are 2 first-year dancers, and 14 new dancers registered. Hopefully, enough people from the event will sign up for lessons. A reasonably priced hall still needs to be located.
- A surprise 80th birthday party is being held for Hope Pennock by her family at the Old Timers Cabin in Edmonton, on Sunday, October 5. All are invited. Plan to arrive before 1:30 or after 2:30 pm, as Hope will arrive between 2 and 2:30 pm.
- The Edmonton Dancers Association has arranged bus transportation for two dances: Red Deer on October 25 and Fort Assiniboine on November 29.
- Seven+ squares attended the Alberta Autumn Dance.

Round Dance:

- Two summer dances were held.
- Upcoming dances: Harvest Ball, October 19 and Toy Dance, November 30.
- Mary & Bruce Nelson will begin teaching Phase II and up. Classes start on September 22.

Clogging:

- Two clubs are working together to host a clogging weekend with Janice Jestin in Fort Saskatchewan in late October.
- Edmonton welcomed a new line dance/clogging instructor – Tracy VanDyke.

C. Central - Henry Hughes

Square Dance:

- Neil & May McKnight will kick off the Olds dance year on October 1. New Dancers are invited October 8.

Rounds:

- Rocky Mountain House Rounds start on October 7th, Innisfail on October 10th and Lacombe on October 27th.
- Lacombe's first dance of the season is October 20th, and is a celebration dance by invitation only for Neil & May McKnight.

D. Calgary - David Symington

Square Dance:

- Summer Dances were attended by an average of 5 squares.
- The New Dancer Party put on by Calgary & District at the Carriage House Inn was attended by 73 square angels and 26 potential dancers.
- Two clubs have had 14 and 16 potential dancers start the first week.
- One club is doing the 12-Session program, and one club is trying a version of The NEST.
- The Alberta Autumn Dance was attended by 10 squares – 50% increase from last year. It was felt that having advance tickets sales helped to increase the attendance.

D. South - Betty Ann Fieldberg

Square Dance:

- Betty Ann & Melvin will start up their club on Tuesday, September 30.
- They attended the "Tape Club". A dancer has recorded patter and has other CD's, and they have 1 to 2 squares.

Rounds:

- Baba's have booked a hall in Lethbridge for round dancers, but currently there are not enough dancers to proceed.

9. Area Reports

A. ASRDF - Ida Murray (absent). No report.

B. Callerlab & RoundALab - Dorothy Aberle (absent). No report.

C. SRDIAA Newsletter - Dorothy Aberle.

- Tom Gray moved that a vote of thanks be extended to the Aberle's for doing a newsletter that is very useful and worthwhile. This was acknowledged with sincere applause from the membership.
- Claudia Littlefair advised that the Aberle's are away, and the newsletters can be picked up today. They will also be away for 2 months this winter, and are unable to do the January 2015 newsletter. Dorothy will, however, be able to produce the May 2015 newsletter.
- Tom Gray volunteered to do the January 2015 newsletter.

D. Alberta Leduc Convention 2014 and Lacombe Convention 2015

2014 Convention Review:

- 2014 Convention had 265 registrations plus partial registrants for a total of 302 attendees.
- Mary & Bruce Nelson reported that there were between 7 and 23 couples who attended the teaches; and an average of 14 couples at the evening dances.
- Concern was expressed about the decline of rounds in the mainstream and plus dances (one round between two or three tips, instead of one round between every tip).

Suggestions for the 2015 Convention Program:

- Rounds between every tip for evening dances. (Note: There are no pre-rounds at these dances.)
- Schedule specific time slots for callers and cuers on Saturday and Sunday morning.
- Have a functional Leaders Lounge (Callers Roost) that's easily accessible to all and conducive to leader interaction.
- Eliminate cuers going back and forth from the halls as much as possible, by having a cuer do more than one round dance at a time in the square dance hall. Eg. If scheduled for two rounds, then do two in a row.

10. Old Business

A. Fall 2015 - Barry Clasper

- Dave Littlefair will confirm calling and workshop details with Barry Clasper and put together a written contract. The signed contract will be forwarded to Joan Tharme for her records.

Advanced Tickets:

- Tom Gray will make 300 tickets; 100 for each area –Edmonton, Red Deer and Calgary. He will distribute the tickets to the Area Representatives, for pre-sale. Note: One ticket (\$10) is valid for all three Autumn Dances.

B. 2017 - Suggested Callers

- Lorne Smith suggested that Jerry Jestin be added to the list for consideration for the Fall 2017 Leader Workshop and Autumn Dances.
- Dave Littlefair and Lorne Smith will provide cost and availability information on the list of suggested leaders at our next meeting.

11. New Business

A. S.R.D.I.A.A. Caller School

Items to consider for holding a Caller School in 2015:

- Jerry Jestin's website indicates that he is holding a Caller School in June, 2015. If SRDIAA also holds a school in 2015 it may not be viable.
- The Jamboree is being held in August, and if we hold a Caller School it should not interfere with this event.
- The type of Caller School needs to be assessed: for new callers? for the next step up?
- If the school is for more experienced callers, then it might be advantageous to also hire an accredited caller coach.
- Some financial assistance is available from Alberta Federation and Canadian Society.
- For attendees other than leaders (eg. dancers/partners) a session on marketing/promotion or a leadership seminar would be of interest. This could be held during a session when dancers are not needed.
- Dave Littlefair stated that as an SRDIAA member, we attend meetings to provide and organize caller education. If we don't provide caller education, then why are we attending meetings?
- If we do hold a school we should set it up with two instructors and a maximum of 12 students – some new and some more experienced.

Vote by Email:

- In the near future, Lorne Smith will confirm what Jerry Jestin's plans are. He will also put together a rough estimate of costs for an SRDIAA Caller School. Based on this information, and because of time constraints, SRDIAA members will vote by email on whether or not to hold a Caller School in 2015.

13. Next Meeting

Meeting & Afternoon Workshop: Sunday, January 25, 2015 at Kerrywood Nature Centre, Red Deer.

14. Adjournment

MOTION: BettyAnn Fieldberg moved the meeting be adjourned. Time: 2:50 pm.

SRDIAA FINANCIAL REPORT APRIL 1 TO AUGUST 31, 2014

(Reconciled to August 31, 2014)

Opening bank balance April 1, 2014 (audited)**INCOME****Memberships (25 @ \$40)****EXPENSES****Autumn Dances 2014**

Red Deer Hall Rent \$202.50 - Golden Circle

Meetings & Seminars

Hall Rent Kerry Wood May 25

Honorarium - Exec Secretary 2013/14

Honorarium - Newsletter 2013/14

Newsletter

Meeting Expenses (coffee supplies)

Treasurer Expenses

TOTAL Meetings & Seminars

TOTALS AS AT AUGUST 31, 2014**August 31, 2014 bank balance (reconciled)****Income & Expenses September 1 - 18, 2014** for Information Purposes Only
(excluding Autumn Dances)**INCOME**

Memberships (2)

EXPENSES

none

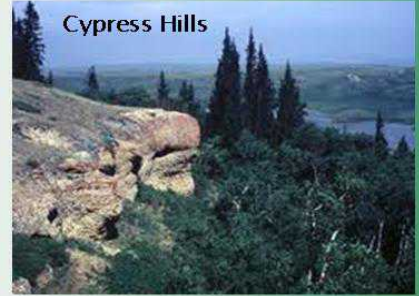
September totals as at September 18, 2014

DEBIT	CREDIT	BALANCE
		\$ 1,994.63
	\$ 1,000.00	
\$ 202.50		
\$ 160.00		
\$ 100.00		
\$ 100.00		
\$ 120.91		
\$ 15.58		
\$ 24.59		
\$ 521.08		
\$ 723.58	\$ 1,000.00	\$ 276.42
		\$ 2,271.05
\$ 80.00		
	\$ -	
\$ 80.00	\$ -	\$ 80.00

Respectfully submitted - Joan Tharme, Treasurer _____



Qu'Appelle Valley



Cypress Hills

FESTIVAL 2016

Canadian Square & Round Dance Society

July 28, 29 & 30

**Saskatchewan Trade and Convention Centre
Delta Regina**

Contact Bill Treleaven 306-580-7141

tree-line@hotmail.com

www.saskfestival2016.ca



RCMP Training Depot & Museum



Saskatchewan Legislative Building



MacKenzie Art Gallery



36th Annual Dance Weekend and AGM

Nov. 6, 7 & 8, 2015

Hosted by Zone 6

@ Comprehensive High School, 1100 - 11th Ave. NE, Swift Current



NEED A LIFT? COME TO SWIFT!

Weekend of Square & Round Dancing and Clogging

2 lunches and banquet

\$75/person by Oct. 4, \$80 after

Deadline for meals - Oct. 29/15

\$10/session/person

All day Saturday including meals \$50



More information: **Al: 306-750-7714** **Denise: 306-778-3694**

Cheques made out to: **SW SK Square & Round Dance Zone 6**

c/o Denise Benjamin 303 - 453 Walsh Trail Swift Current, SK. S9H 4Z8



Mainstream Program

C L O V E R L E A F W N W X P L P F L V
W W P G A A S B X D Q F O L D I O Y M X
N C N E C J O F T M Q T U L R S T A A C
U R H T E D I L S G Z R O U E P E B U S
U W S D L X W S J C H P E R C C H M E N
M H H A L F T A G T R W L H Y W T L K U
K N V V R E Q N N B N A Y T C F N I Y M
P D K W O H T I U T Q L T N L P I Q M A
N X E V W N A S U U J K S I E K P K H U
D K Y Q C H Y R N R Z A E A Z X S I P K
X N M S C M N E L E G N I H E L G N I S
A M M N H T L T D U W D X C N Y V W Z V
J Q I P H S Y N I Q S D I T X Z Z Y Y B
A P Q R G I C E F N S O D H R E X D M H
S Y U Z Q I F C W N C D H G B H K H G T
D C A S T O F F Y V C G C I P H C Y V M
T W P P A S S T O T H E C E N T E R F V
Q S T A G T H E L I N E R G X E Y H S W
X A S C O O T B A C K I A N W E J B S F
E P C R O S S F O L D Z T U D B I D J F

CLOVERLEAF
TURNTHRU
EIGHTCHAINTHRU
PASSTOTHECENTER
SINGLEHINGE
CENTERSIN
CASTOFF
SPINTHETOP
WALKANDDODGE
SLIDETHRU
FOLD
CROSSFOLD
DIXIESTYLE
SPINCHAINTHRU
TAGTHELINE
HALFTAG
SCOOTBACK
RECYCLE

www.atozteacherstuff.com



39TH ANNUAL

ROUNDALAB CONVENTION



SPRINGFIELD, MASSACHUSETTS

“THE CITY OF FIRSTS”

JUNE 21-24, 2015



Sheraton Springfield Monarch Place Hotel

One Monarch Place

Springfield MA 01144-1099

For reservations visit www.roundalab.org

Or call 413-233-9161 (talk to Tom Shea) or 800-325-3535 (24-hr reservation desk)

Be sure to tell them you are attending Roundalab
to get our special rate of \$110 + tax (Up to 4 persons)



If you are staying for the National Square Dance Convention and would like to remain at the same hotel, you MUST make those reservations through the NSDC housing committee. Write “RAL” on your NSDC housing form. NOTE: Price goes to \$135.00 plus taxes per night, beginning Wednesday June 24, 2015.

BE
FIRST

TO
REGISTER



ROUNDALAB CONVENTION COSTS

PRIOR TO 2-1-2015

\$125 PER PERSON CASH/CHECK—\$131.25 PER PERSON CREDIT CARD

AFTER 2-1-2015

\$150 PER PERSON CASH OR CHECK—\$157.50 PER PERSON CREDIT CARD

OPTIONAL MEAL PACKAGE

\$125 PER PERSON CASH OR CHECK FOR 5 MEALS—\$131.25 CREDIT

NAME _____

ADDRESS _____

CITY, STATE, ZIP _____

E-MAIL _____

OF REGISTRATIONS _____ @\$125 / \$131.25 = _____

OF MEALS _____ @\$125 / \$131.25 = _____

TOTALS = _____

CC # _____ EXP DATE _____

SEND REGISTRATION TO:

ROUNDALAB

2803 LOUISIANA ST.

LONGVIEW, WA 98632

roundalab@roundalab.org

1-877-943-2623 or

360-423-7423

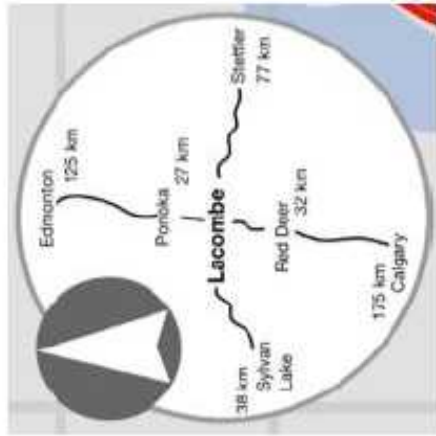
Syllabus will be delivered electronically, unless otherwise requested.

Please complete both sides of this portion of the form, detach on the dotted line, and mail with full payment to:

Olive Zwierschke
 Box 114
 Holden AB T0B 2C0

Registration Form	
Please print clearly.	
Danceur Surname:	
First Name:	
Danceur Name:	
Danceur Surname:	
First Name:	
Other:	
Address:	
City or Town:	Prov:
Phone:	Postal Code:
Email:	

Registration Fee and Badges	
Number	Amount
Adults @ \$45	
Youths (17 and Under) @ \$40	
AB Federation Badges @ \$4.50	
AB Federation Bars @ \$2.50	
Total CAD\$:	
Dry RV Parking @ \$7/night YES <input type="checkbox"/> NO <input type="checkbox"/>	
Day Arriving:	
Please read the accompanying newsletter for more information about hotels and RV parking.	



Registration Fees	
Before Jun 30, 2015	After Jun 30, 2015
Adult:	\$45.00
Youth (17 and Under):	\$40.00
Convention ribbon, badge, and all dances except the Trail In Dance are included.	
Cheques and/or money orders should be made out to: Alberta Convention 2015	
Please, NO POST-DATED CHEQUES	
Please mail completed form with full payment to:	
Olive Zwierschke Box 114 Holden, AB T0B 2C0	
Phone:	760-688-2380
Email:	squareanddance2015@gmail.com
Cancellation Fees	
Before Jun 30, 2015	\$5.00/person
After Jun 30, 2015	No Refund

Lacombe is Home in 2015!

47th Alberta Square and Round Dance Federation Convention

September 5, 6, 7, 2015



Please join us at the Lacombe Memorial Centre 5214 50 Ave, Lacombe AB for a weekend of fun, fellowship, fitness, and great dancing!

Dance in air-conditioned comfort on laminate/tile floors.

Hosted by
 Central Alberta
 Square and Round Dance
 Association

Trail in Dance

Friday, Sep 4, 2015

7:30 - 10:00 p.m.

\$5.00/person

Payable at the door.

Mainstream with Rounds

Convention Features

Banner Parade

Opening and Closing Ceremonies

Church and Memorial Service

Federation Annual Meeting

Square Dance Shop

Silent Auction

After-Party for Everyone



Dance Preferences			
Please check ALL LEVELS at which you plan to dance			
<input type="checkbox"/> Mainstream	<input type="checkbox"/> Rounds Ph 2/3		
<input type="checkbox"/> Plus	<input type="checkbox"/> Rounds Ph 3/4		
<input type="checkbox"/> Advanced			
Programming			
Deadline April 30, 2015			
Callers/Cuers: Please check all that apply			
	MS	Plus	Adv
Call	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Teach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
MC	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rounds Phase	2	3	4
Cue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Teach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Office Use Only			
Date Acknowledged:			
Receipt #:			

Please read the accompanying newsletter, and future information updates, for details about hotels, campgrounds, and dry RV camping.

whatever's available for upcoming event

Mainstream Asymmetric Sequences

By: Lorne Smith

Presented at the Sept 21/2 SRDIAA Meeting

SIDES SQUARE THRU 4
(BOX CLOSEST TO CALLER) TOUCH ¼
(FAR BOX) SWING THRU
(BOX CLOSEST TO CALLER) SCOOT BACK
(ALL BOYS) RUN RIGHT
(LINE FARTHERST CALLER) WHEEL & DEAL
(BOX CLOSEST TO CALLER) STAR THRU
(BOX FARTHEST TO CALLER) RIGHT & LEFT THRU
(ALL) DIVE THRU, SQUARE THRU 3
AL. LEFT

SIDES PASS THE OCEAN, EXTEND
(WAVE CLOSEST TO CALLER) SWING THRU & BOY RUN RIGHT
(FAR WAVE) RECYCLE & STAR THRU
(LINE CLOSEST TO CALLER) BEND THE LINE
(ALL) PASS THRU, WHEEL & DEAL
SQUARE THRU 3
AL. LEFT

SIDES LEAD RIGHT & VEER LEFT
(THOSE FACING THE BACK OF THE HALL) PARTNER TRADE (ANNOUNCEMENTS)
(ALL FORWARD & BACK) BEND THE LINE TOUCH ¼
COLUMN CIRCULATE
BOYS RUN RIGHT
RIGHT & LEFT THRU
PASS THRU, TRADE BY
AL. LEFT

SIDES STAR THRU
PASS THRU
(NEAR BOX) SWING THRU
(FAR BOX) TOUCH ¼
(NEAR BOX) SPIN THE TOP
(FAR BOX) WALK & DODGE
(NEAR WAVE) RECYCLE
(FAR BOX) PARTNER TRADE
(NEAR BOX) RIGHT & LEFT THRU
(ALL) PASS THRU
WHEEL & DEAL
SQUARE THRU 3
AL. LEFT
HEADS STAR THRU
DOUBLE PASS THRU

(ALL FACE THE CALLER) ANNOUNCEMENTS
(NEAR LINE) COUPLES TRADE
(ALL) PASS THE OCEAN
SWING THRU
(ALL) STEP THRU
BEND THE LINE
STAR THRU
(FAR BOX) PARTNER TRADE
DOUBLE PASS THRU
(ALL) PARTNER TRADE
(CENTERS) STAR THRU & BACK AWAY HOME

COUPLE # 3 ROLL AWAY
COUPLE #1 GO DOWN THE MIDDLE SPLIT 2 AROUND 1 TO A LINE
SIDES RIGHT & LEFT THRU
(LINE FACING THE CALLER) BEND THE LINE & JOIN THE SIDES TO A LINE OF 4
STAR THRU
(THOSE FACING) DIVE THRU
(CENTERS) PASS THRU
(FAR BOX) RIGHT & LEFT THRU
(ALL) SWING THRU
BOYS RUN RIGHT
COUPLES CIRCULATE
FERRIS WHEEL
SQUARE THRU 3
AL. LEFT

GROANERS

- How many square dancers does it take to screw in a light bulb? Eight. Square dancers do everything in groups of eight!
- How do you make a tissue dance? Put a little boogie in it
- How do hens dance? Chick to chick.
- Cows like to dance to any kind of moosic.
- What dance do women do when summer is over? Tango (tan-go)
- What did the square dancer say when he walked into the dance hall? "Ouch!"

Source:

<http://www.jokes4us.com/miscellaneousjokes/dancin gjokes.html>

Rounds-of-the-Quarter and Runners Up

3rd QUARTER 2014

PHASE 2: Beverly & Robert MacKay, Chaircouple

ROQ: **Under The Bridges Of Paris II (WZ) Don & Linda Hichman Foster & Allen, CD: Songs of Love & Laughter, also Amazon download**

1st Runner Up: That's Where I Belong (TS) Tatsuhiko Ito "That's Where I Belong" by Alan Jackson, Amazon or iTunes download

2nd Runner Up: Prairie Moon (WZ) Karen & Ed Gloodt Prairie Moon, CD: Eternally, Frank Chacksfield & His Orch., also Amazon download

PHASE 3: TJ & Bruce Chadd, Chaircouple

ROQ: **A Time For Waltz (WZ) Kristine & Bruce Nelson "A Time For Us", The Columbia Ballroom Orchestra, CD: Let's Dance, Vol. 7, Tk 11, also download from Amazon or iTunes**

1st Runner Up: Hymne Of Love (WZ) Bev Oren "Wedding Songs: Top 10 Wedding Processional Songs" by The O'Neill Bros., Tk 5 "Hymne", also download from Amazon or iTunes

2nd Runner Up: Brahms Waltz III (WZ) Annette & Tony Instone Brahms Opus 39 Waltz 15. Werner Tauber Orch. "Swinging World 3", Tk 1, also casa-musica.de download

PHASE 4: Karen Fisher, Chairperson

ROQ: **Rumba Del Corazon (RB) Karen & Ed Gloodt "Slow Rumba", Helmut Licht, CD: The Slow CD, also download from Amazon**

1st Runner Up: Legends Of The Fall (WZ) Karen & Ed Gloodt "The Ludlows: Legends of the Fall", Michael Garson Ensemble, Screen Themes 94 (2006 remastered version)

2nd Runner Up (Tie): Calcutta Samba (SB) Milo & Cinda Molitoris "Calcutta", Petula Clark, "Tete A Tete Avec" CD, Tk 8. or iTunes download

2nd Runner Up (Tie): You're Nobody (FT) David Goss/Ulla Figwer "You're Nobody 'Til Somebody Loves You", Dean Martin,, CD: "Dino, The Essential Dean Martin"

PHASE 5: Tim Eum & Cindy Hadley, Chaircouple

ROQ: **Moonlight Fantasy (FT) Kristine & Bruce Nelson Gunter Noris & His Swing Orchestra, CD: Big Band Highlights, also download from Amazon & iTunes**

1st Runner Up: I Like To Lead When I Dance (FT) Debby & Tim Vogt Peter Douglas, CD: Ballroom Emotions, Casaphon, download from Rhapsody.com

2nd Runner Up: Lights Of London (WZ) Michael & Regina Schmidt Prandi Sound CD: Daydreaming – Bassano Open 11, Tk 4, also Casa Musica download

PHASE 6: Dave Goss & Ulla Figwer, Chaircouple

ROQ: **The Phantom (TG) Curt & Tammy Worlock CD: Top 10 Tangos, "The Phantom Of The Opera", Tk 16**

1st Runner Up: Speaking Of Happiness (FT) George & Pamela Hurd "Speaking Of happiness". Artist: Paola Fabris, Casa Musica & other downloads . 2nd Runner Up: A River Runs Through It (WZ) Bill & Carol Goss "A River Runs Through It", Hollywood Strings, Casa Musica download

Rounds-of-the-Quarter and Runners Up

4th QUARTER 2014

PHASE 2: Don Brown, Chairperson

ROQ: Letter From A Postman (TS) Fiona Callaghan Letter From A Postman's Bag,
Album: The Very Best of Daniel O'Donnell, Track 12

1st Runner Up: So What's Nu? (TS) Jim & Adele Chico Album: What Now My Love, Herb Albert
& The Tijuana Brass, Track 5

2nd Runner Up: That's Where I Belong (TS) Tatsuhiko Ito "That's Where I Belong" by Alan Jackson,
Amazon or iTunes download

PHASE 3: TJ & Bruce Chadd, Chaircouple

ROQ: After Winter (WZ) Jack & Sharie Kenny "After Winter" - Twins Project –
Tanzen, Lernen Leicht Gemacht 5, Tk 1 or casa-musica download (3:06 min.)

1st Runner Up: Nature Boy Rumba III (RB) Judy & Ed Jaworski "Nature Boy" by Joe Bourne,
casa-musica download

2nd Runner Up: Hymne Of Love (WZ) Bev Oren "Wedding Songs: Top 10 Wedding Processional
Songs" by The O'Neill Bros., Tk 5 "Hymne", also download from Amazon or iTunes

PHASE 4: Regina Aubry, Chairperson

ROQ: Legends Of The Fall (WZ) Karen & Ed Gloodt "The Ludlows: Legends of the
Fall", Michael Garson Ensemble, Screen Themes 94 (2006 remastered version)

1st Runner Up: Abundant Joy (ST) Michael & Regina Schmidt CD: "Rachel's Song, The
Instrumental Album" by Gary Prim, Tk 5: "Abundant Joy", or various download sites

2nd Runner Up: It's Always New To Me (FT) David Goss & Ulla Figwer "It's Always New To Me"
by Suzy Bogguss, CD: "Swing", Tk 8, available from Rhapsody

PHASE 5: Tim Eum & Cindy Hadley, Chaircouple

ROQ: I Like To Lead When I Dance (FT) Debby & Tim Vogt Peter Douglas, CD:
Ballroom Emotions, Casaphon, download from Rhapsody.com

1st Runner Up: Daddy Foxtrot (FT) Brent & Judy Moore CD: Julie London, What Ever Julie
Wants, Tk 7, "Daddy"

2nd Runner Up: Shake Rattle And Roll (JV) Michael & Regina Schmidt CD: Shake Rattle And
Roll, A Rock'n Roll Tribute by the Sign Posters, Tk #1, or download (2:58 min.)

PHASE 6: Dave Goss & Ulla Figwer, Chaircouple

ROQ: Valentine (BL) Curt & Tammy Worlock "Valentine" CD – Martina
McBride "Evolution" – Track #14 or Greatest Hits CD

1st Runner Up: Teacher's Pet (JV) Randy & Marie Preskitt "Teacher's Pet", Doris Day (Various
Albums) 2:34

2nd Runner Up: Puttin' On The Ritz (QS) Bill & Carol Goss Artist: Robbie Williams, Song:
Puttin' On the Ritz, Track 9, CD: Swings Both Ways

Proper Square Dance Attire is Dead!!!

Well... Almost.

Opinion by Tom Gray

“When was the last time you went out to a public place and found there was a dress code?” asks Robert Ameti, Callerlab member and Team Leader at WheresTheDance.com. “Your church? Nope. Your favorite restaurant? Nope. Heck, even weddings don’t have dress codes anymore.”



For years, Ameti notes, the National Executive Committee – the organizing body of the American National Square Dance Convention -- *“has been mandating that Proper Square Dance Attire would be the only thing permitted on the dancing floor of the...Convention. The need for relaxing or obliterating this requirement has been bandied about for over a decade.”* In the meantime, dancers who dared to violate the code have been politely but firmly escorted out the door.

Dress codes have been dying as a social norm in North America since the 60s. In business, the rigid dress codes of the 50s have shifted to the business casual of today. The “Sunday-go-to-meeting” dress code for churches has morphed into street dress for many congregations (as one pastor told me, “I’d rather have a kid here in shorts and a T-shirt to hear God’s Word than for him not to be here at all!”). Although high-end restaurants may continue to lend a cravat to male diners, family restaurants are emphatically informal. At the last couple of weddings I called, only the wedding party and their older relatives were dressed up; the guests were all casual.

Yet through all these decades, square dancers have clung to their dress code as desperately as a drowning swimmer clings to a floating board!

Dress codes serve a number of complicated social functions. In our activity, the code serves as an *exclusion*, distinguishing members from non-members. “I see by your outfit that you’re a square dancer,” to paraphrase the old country song.

Yes, yes, we claim that the colorful costumes, flaring skirts, and antiquated crinolines add to the visual interest of the activity, and certainly that is true. But color can be easily achieved with other clothing, so that argument misses the point. The point is *exclusivity*: “If you want to be one of us, you have to dress as we do.”

In fact, it appears that one function of the square dance dress code in today’s world is specifically *to exclude young people*.

Ray & Sandy Hutchison, current Presidents of the NEC, write (National Squares E Bulletin, Vol 6, Issue 2, Sept. 2014, p. 26) that *“‘Proper Square Dance Attire’ and ‘Dressy Casual’ were developed to prevent people from coming to the convention dance halls dressed in tank tops, ripped jeans, obscene tee shirts, short-shorts, etc.”*

Who typically wears such attire? In my neck of the woods: Young people.

Many if not most of these young people would not be caught dead in “proper square dance attire”. They

regard it as outdated, hokey, “Hallowe'en costume” and laughable. This age group considers “Semi-formal attire” to be a clean tee shirt or tank-top and freshly-washed jeans. Current clothing trends are to comfort, freedom of movement, colour, and style, and why on earth should these common-sense factors not be allowed in square dancing? If you want young people to come to dance, you have to be prepared to let go of the board and swim in their direction.

Even the NEC has adopted a more common-sense attitude for daytime wear, according to the Hutchisons: *During the day time many dancers come to the convention center to dance after returning from a convention sponsored tour, an educational seminar, sew & save, the fashion show or other activities they have arranged on their own. Knowing that they would then want to dance without going back to the hotel/RV and change into the full square dance attire prompted the Dressy Casual code for the daytime. Nice shorts and shirts with sleeves (long or short) are perfectly acceptable during the daytime sessions for men and women.*

Fortunately, this expectation of casual dress at workshops and daytime events is becoming more widely accepted, and is even extended to new dancers at lessons.

At the evening Convention dances, common sense again prevails, with PSDA being redefined as a *preferred* rather than an absolute standard. “We **prefer** long-sleeved shirts...we would **prefer** no shorts...we would **prefer** to see shirts with a collar...For the women [preferred attire] would be the petticoat and short skirt or a prairie skirt...,” the Hutchisons write (my emphasis). Dancers would be removed for only the most egregious clothing offenses, such as a tee with an obscene message.

Leaving convention and moving to the club level, let's ask a couple of questions. When there are only two squares on the floor, do you kick a fellow out because he's in jeans or a short-sleeved shirt, or a lady because she's come right from work in a pants suit, leaving only one complete square to dance? Of course not. If a couple of young people show up in fashionably torn jeans and risqué tees, are you going to turn them away? Or would you rather have new dancers, new vigor, new energy, and a stronger club? One would hope so. Get 'em in, get 'em dancing, get 'em having fun, get 'em to invite all their friends. **The dancer is more important than the clothes.**

Things change, however much we may regret the changes. One change we face is the gradual decline of the activity, with shrinking numbers, aging dancers, and dying clubs. There are many factors contributing this, but it is possible, even likely, that our dress code is one of them. It's time to change it.

R.I.P, Proper Square Dance Attire.



Adolescents get injured in sports all of the time, injuring limbs and backs. Unless they are paralyzed, they want to continue to play football or do cheerleading anyway. Regardless of their injuries, they always ask for a note...for PE. Teen rationale dictates that it is okay to play football with an injury, but not square dance in PE.

Source: Rod Moser, PA, PhD, in <http://blogs.webmd.com/all-ears/2009/09/do-kids-need-pack-animals.html>



FROM THE CHAIR

By Barry Clasper, Chairman

From Callerlab DIRECTION, Vol. 41, #5 Nov-Dec 2014

In Vol. 39 of DIRECTION, Barry – who is the feature caller at our Fall Dances -- raised the topic of competitive square dancing. This is a followup from that earlier article.

On the topic of competition, some interesting information has emerged from recent research. A BOG Ad Hoc Committee has been tracking down known square dance competitions. The idea is that, since we surmise most competitions tend to involve younger people, the information might be useful to assist in youth recruiting. The Ad Hoc has so far identified a dozen or so (work is still on-going) regular events. This many may be something of a surprise to those of us who believed there was no competition in square dancing. Clearly it has more of a presence than we might have imagined. Another interesting aspect is that the majority of the competitions are Traditional square dancing (the Committee is focusing on Traditional or MWSD and not counting events such as Contras or Clogging). We might have expected that the form of dance more focused on “puzzle solving” would be more prone to generate competitions. So far, however, the most common competitive elements seem to involve styling, timing, appearance, and presentation.

Check out the “local” teen competition, the Pacific Northwest Teen Festival. “The Pacific Northwest Teen Square Dance Festival (PNTSDF) provides opportunities for young people...to meet and enjoy competition in Square Dancing, Calling, Round Dancing and Cueing....This Festival has been held annually since 1950.” (<http://pntsdf.org/cms/>). Just think what might happen if every Alberta club worked to develop a team to compete!

Mainstream Program

<p>C L O V E R L E A F W N W X P L P F L V W W P G A A S B X D Q F O L D I O Y M X N C N E C J O F T M Q T U L R S T A A C U R H T E D I L S G Z R O U E P E B U S U W S D L X W S J C H P E R C C H M E N M H H A L F T A G T R W L H Y W T L K U K N V V R E Q N N B N A Y T C F N I Y M P D K W O H T I U T Q L T N L P I Q M A N X E V W N A S U U J K S I E K P K H U D K Y Q C H Y R N R Z A E A Z X S I P K X N M S C M N E L E G N I H E L G N I S A M M N H T L T D U W D X C N Y V W Z V J Q I P H S Y N I Q S D I T X Z Z Y Y B A P Q R G I C E F N S O D H R E X D M H S Y U Z Q I F C W N C D H G B H K H G T D C A S T O F F Y V C G C I P H C Y V M T W P P A S S T O T H E C E N T E R F V Q S T A G T H E L I N E R G X E Y H S W X A S C O O T B A C K I A N W E J B S F E P C R O S S F O L D Z T U D B I D J F</p>	<p>CLOVERLEAF TURNTHRU EIGHTCHAINTHRU PASSTOTHECENTER SINGLEHINGE CENTERSIN CASTOFF SPINTHETOP WALKANDDODGE SLIDETHRU FOLD CROSSFOLD DIXIESTYLE SPINCHAINTHRU TAGTHELINE HALFTAG SCOOTBACK RECYCLE</p>
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www.atozteacherstuff.com

Don't Be a Square -- Dance!

Do-si-Do Fitness

WebMD Archive, July 9, 2001 -- "Bow to your partner, bow to your corner, circle left, allemande left ... swing and promenade home."

In squares of eight across the country, Americans from senior-citizen age on down are linking arms, sashaying, and "do-si-doing" themselves to longer, healthier, and happier lives. They're having a blast and also lowering their risk of heart disease, diabetes, certain types of cancer, age-related memory loss, osteoporosis, and depression.

Good for Body and Mind

With all its moving, twisting, and turning, square dancing provides more than the daily dose of heart- and bone-healthy physical activity. Remembering all the calls -- from "do-si-do" to "left allemande" -- keeps the mind sharp, potentially staving off age-related memory loss, experts say. And the companionship that regular square dancing offers is an antidote to depression and loneliness, a statement confirmed by square-dancing advocates everywhere.

Take Larry McKinley, a 62-year-old who has been square dancing for 30-plus years with his wife, Sue -- who, incidentally, he met at a square dance. "We do it as often as we can, maybe five or six times a week," he tells WebMD.

"The listening -- and executing the commands -- takes deep concentration. The twisting and turning are not too hard on you, but give your body the exercise that it needs," he says.

McKinley's club, the London Bridge Square Dance Club of Lake Havasu, Ariz., has 80 members*, and the average age of a member is 75.

"We recently graduated an 84-year-old," he says. "Graduated," in square-dancing terms, means the student has earned a Mainstream dance level.

There are four levels of square dancing, McKinley tells WebMD. There's Mainstream, then there's Plus, followed by the more professional, exhibition-levels, A-1 and A-2. McKinley is a Plus-level square dancer. [The levels are now Basic, Mainstream, Plus, Advanced, and Challenge].

"It's very easy once you learn," he says. "Years ago, I was getting a divorce and didn't want to be a bump on a bar stool." That's when he went to his first dance and got hooked.

"It's just so much fun. Square dancing is setting friendship to music," he says. "It's having a place to get up and go in the evening where you can work up a good tired and a good sweat."

~Adapted from <http://www.webmd.com/fitness-exercise/features/dont-be-square-dance>.

*Larry was a relative babe in square dance when this was written 13 years ago. The Lake Havasu club survives; it now has 45 members and the average age is still around 75.



"When you stumble, make it part of the dance." ~Author Unknown

Variations on Spin the Top

Workshopped at SRDIAA Sept 2014

Presented by:

Girls finishing at the end of the wave

Hd Square Thru
All Spin The Top
All Slide Thru
Trade By
Slide Thru
Pass Thru
Wheel And Deal
Zoom
Ct Pass Thru
All Allemande Left all #1 at home
Promenade 1/1 62-64 beats

Boy Girl boy girl RT hand wave

Hd Square Thru
All Touch 1/4
Spin The Top
Slide Thru
Double Pass Thru
Cpl. Go Left / Right
Slide Thru
Allemande Left home Sw&Pr zero box at home
46 beats

Boy girl boy girl LT hand wave

H-Tch1/4, B-Run no time for Square Thru
Left Touch 1/4 } true LT hand move
Spin The Top } seems Lt handed, tech not
Single Hinge } seems Lt handed, tech not
G-Run
1-Right, 2-Left
Bend the Line
Slide Thru

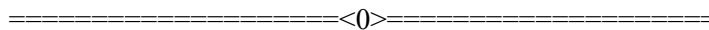
R&L Thru
Allem #1 at home
[Sw&Pr] 64-66 beats middle and end
must use CircL

Dixie style and LT hand wave spin the top

Normal Square
Normal Arr.
Hd Square Thru
All Slide Thru
Right+Left Thru
Dixie Style To Wave
Spin The Top } Left hand wave
Single Hinge } seems L handed, tech not
Gs Run
All Right+Left Thru
To Normal Box All#3 46 beats
Normal Arr.

Boy Girl Boy Girl RT hand tidal wave

Normal Square
Normal Arr.
Hd Pass Thru
Sep Ar 1 To A Line
All Spin The Top
Bs Run
All Bend The Line Ip2 line resolve
Pass Thru
All Wheel And Deal
Ct Square Thru 3
All Allemande Left #1
Promenade 3/4
Home 58 beats
To Normal Square
Normal Arr.



CALL IT COURTESY

Jim Wright, in the Callerlab newsletter Directions (Nov-Dec, p. 9) reminds us of three courtesy behaviors: **1.** Be sure to applaud at the end of a tip; **2.** If you leave early, before the end of the dance, be sure to say “Thank you” to the caller and cuer; and **3.** Be sure to thank the caller and cuer at the end of the dance.

Normally, we do #3 in a big circle, but sometimes we forget the applause in the square. Let's also remember to thank the others in our square before we walk off the floor! And the caller/cuer appreciates it when you stop by and say, “Wow, what a great time! I'm sorry that I can't stay to the end.”

DIXIE STYLE TO A WAVE

Get-ins, Get-outs, Singing Call Figures, Variations

Head Ladies Chain
 Send 'em back Dixie Style To an Ocean Wave
 Step Ahead
 Left Allemande

Heads Lead Right, Circle To a Line
 Right and Left Thru
 Ladies Lead Dixie Style to an Ocean Wave
 Balance, Boys (Centers) Cross Run
 Girls (New Centers) Trade
 Swing Thru, Boys Run
 Bend the Line, Star Thru, Pass Thru
 Left Allemande

Heads Right & Left Thru
 Same Ladies Dixie Style to a Wave
 Step Forward, Circle Four
 Side Boy Break To a Line
 Bend the Line
 Two Ladies Chain,
 Same Ladies Dixie Style to a Wave
 Girls Circulate, Left Allemande.

Heads Star Thru, Double Pass Thru
 First Go Left, Next Go Right
 Right & Left Thru,
 Ladies Chain Dixie Style to a Wave
 Left Swing Thru
 Cast Off $\frac{3}{4}$'s, All Eight Circulate
 Left Allemande.

Heads Half Sashay
 Join Hands, Circle Left
 Four Boys Forward & Back
 Pass Thru, Turn Left
 Single File Around the Outside Two
 Go Down the Middle Dixie Style to A Wave
 Step Forward, Left Allemande
 Right & Left Grand.

Heads Half Sashay
 Join Hands, Circle Left
 All Four Ladies Forward & Back
 Pass Thru,
 Turn Right Single File
 Go Around Two,
 Into the Middle Dixie Style to A Wave
 Step Forward, Do Sa Do
 Star Thru, Wheel & Deal
 Right & Left Thru
 Pass to the Center,
 Square Thru Three
 Left Allemande.

Head Ladies Chain
 Send them Back Dixie Style to an Ocean Wave
 Boys Make an Arch
 Side Ladies Chain Thru the Arch
 Send Them Back Dixie Style to an Ocean Wave
 Slip the Clutch
 Left Allemande.

ZERO LINE:

End Ladies Chain Diagonally with Each Other
 Send Them Back Dixie Style to an Ocean Wave
 Boys Make an Arch
 The Other Ladies Chain Through the Arch
 Send Them Back Dixie Style to an Ocean Wave
 Slip the Clutch
 Left Allemande.

SINGER:

Heads Square Thru Four,
 Touch $\frac{1}{4}$
 Scoot Back,
 Boys Run
 Right Right & Left Thru
 Dixie Style to an Ocean Wave
 Boys Cross Run, Scoot Back
 Swing, Promenade

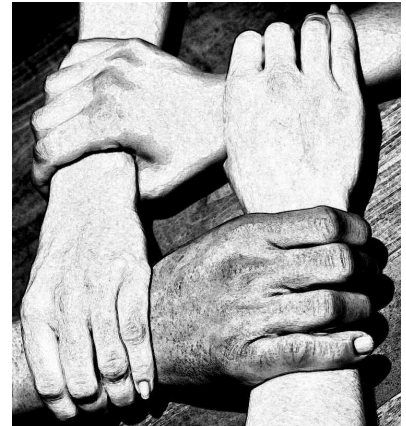
If a town has only one lawyer, he'll starve. If a town has two lawyers, both will prosper.

WHAT MAKES A GOOD DANCER?

According to Callerlab chairman Barry Clasper, brainstorming in *Directions*, Sept.-Oct. 2014, p. 2-3, being a good dancer requires a number of skills, a certain amount of knowledge, and some specific behaviors.

Barry speculates that being a good dancer requires the ability to:

- step to the beat of the music
- take the appropriate number of steps to execute calls.
- move smoothly
- use proper hand pressures and grips.
- recognize formations and the dancer's position within them.
- maintain appropriately sized formations.
- reflexively dance fundamental calls such as circulates, trades, runs, and casts (Knows the calls)
- react to properly timed calls at dance speed.
- finish calls in their proper place in the new formation, and facing the correct direction.
- process a new call without stopping after finishing the preceding call.
- recover from mistakes.



Just for your own interest, rate yourself on each of those abilities, using this checklist for each one:

- Always
- Mostly
- Sometimes
- Seldom
- Never
- "What's a formation (beat, position, etc.)?"

Clasper suggests this list with a view to improved ways of testing or assessing dancer abilities. He admits that there will be "lots of diverging opinion" on this, and welcomes your thoughts. Email him c/o info@callerlab.org or callerlab@aol.com .

Etiquette for the Ball Room (1880)

The quadrille was an early form of square dance, with figures performed alternately by head and side couples. Quadrilles were immensely popular from the mid- to late-1800s.



- A lady or gentleman should finish their toilet before entering the room for dancing, as it is indecorous in either to be drawing on their gloves, or brushing their hair. Finish your toilet in the dressing rooms.
- Always recognize the lady or gentleman, or the director of ceremonies [caller or cuer] with becoming politeness: a salute or bow is sufficient.
- A lady should always have an easy, becoming and graceful movement while engaged in a quadrille or promenade. It is more pleasing to the gentleman.
- A lady should never engage herself for more than the following set, unless by the consent of the gentleman who accompanies her.
- It is very impolite and insulting in either lady or gentleman while dancing in quadrille, to mar the pleasure of others by galloping around or inside the next set. [The 'gallop' was a move in the quadrille]
- If a gentleman, without proper introduction, should ask a lady with whom he is not acquainted to dance or promenade, the lady should positively refuse.
- Recollect that the desire of imparting pleasure, especially to the ladies, is one of the essential qualifications of a gentleman.
- Ladies should not be too hasty in filling their program on their entrance to the ball room, as they may have cause for regret should a friend happen to enter.
- An introduction in a public ball room must be understood by the gentleman to be for that evening only, after which the acquaintanceship ceases, unless the lady chooses to recognize it at any further time or place.
- A lady should not attend a public ball without an escort, nor should she promenade the ball room alone; in fact, no lady should be left unattended.

References

Carpenter, Lucien O., *Universal Dancing Master*. London: 1880.